

Dates: October 3-6, 2011

Presented by:
LouKa Tactical Training

Times: 8:00 am- 5:00 pm

“Functional Training at its Finest!”

**Location: Dayton, Ohio Police Department-Training Academy
3237 Guthrie Rd. Dayton, OH 45417
937-333-1614**

**Entry: \$150.00 any 1-day (including the 1-day pistol class)
\$250 any 2-days
\$375.00 any 3-days
\$450.00 4-days**

**For Detailed Information: www.loukactical.com
Or, contact Ofc. Michelle Seibert 937-333-1626**

Event Description:

This is a one of a kind, hands-on training event designed for female police officers who are ready to take their tactical and physical skills to the next level. This course is facilitated by an all female cadre of instructors who specialize in training female officers in “hard to kill skills.” Participants may attend a single day or all 4 days learning sound concepts, tactics and techniques, that will build confidence and competence personally and professionally! Day #1 you will be inspired by former SWAT Commander Captain Penny Phelps from the Monroe County Sheriff's Office. She has mastered leadership, mentoring and the understanding of organizational power. Share the experience and the camaraderie! This event is supported by the National Tactical Officers Association (NTOA) and sponsored in part by: **Blackhawk! Team One Network, ESS, Polar, Armor Express, Redman** to name a few. Door prizes and competition awards daily.

Day 1: (8-hour session)

- “Building Warrior Women” Seminar-based Instruction: A tactical, practical, and professional primer. Celebrating the warrior in you!

Day 2: (4-hour a.m. & p.m. sessions each)

- “Functional Fitness and Nutrition for Females”-Practical information you can use including training with Polar heart rate monitors
- “Officer Down: Self Help/Buddy Care and Rescue”-Hands on practical exercises

Day 3: (4-hour a.m. & p.m. sessions each)

- “Tactical Shotgun” Handling and shooting with confidence
- Combatives for Smaller Statured Officer handling yourself and others

Day 4: (8-hour sessions) Either class

- “Developmental Marksmanship-Pistol” A lesson in deliberate practice of hand gun fundamentals OR
- “Survival Pistol”- Competing against time; balancing speed and accuracy



“Building Warrior Women” Conference

Registering form:

Building Warrior Women

October 3-6, 2011 8:00am-5:00pm

Hosted by: The City of Dayton Police Department

Delivered by: LouKa Tactical Training

Host Hotel: Dayton Marriott

1414 S. Patterson Boulevard

Dayton, OH 45409

Phone: (937) 223-1000

www.marriott.com/DAYOH

Group Rate: \$81.00 double occupancy

Check the appropriate box(es)

- Day #1 Seminar only: Building Warrior Women > \$150.00
- Day #2 only: Functional Fitness/Nutrition & Officer Down: Self Help/Buddy Care and Rescue
- Day #3 only: Tact Shotgun & Combatives for the Smaller Statured Officer
- Day #4 only: Developmental Marksmanship class OR Survival Pistol: \$150.00
- Any 2 days: \$250.00
- Any 3 days: \$375.00
- All 4 days:> \$450.00 (Indicate T-shirt size:)

Last Name

First Name

M.I.

Street Address

City State ZIP

Email Phone Age Sex

Employer/Organization Work Phone

Contact Person Contact Email

Method of Planned Payment

Download PDF (Fill Out, Bring it With You)

Par-Q Required: *See web site for downloadable form

Name as it appears on card:

Credit Card#: _____ exp. date ____/____

Total billable amount based on above selection:

This registration form authorizes LouKa LLC to submit a bill for payment, for all specified fees related to the training for the participant listed above. **Register on line at <http://www.loukaticital.com> or complete this registration and Fax to: 937-333-1606 Attn: Ofc. Seibert or mail form and payment to:**

LouKa Tactical Training
650 Light Tower Dr.
Belleville, MI 48111

louann@loukaticital.com or louannblackwidow@aol.com

Required Equipment:

Day 1: (8-hour session)

- "Building Warrior Women" Seminar-based Instruction>: Pen and paper

Day 2: (4-hour a.m. & p.m. sessions each)

- "Functional Fitness and Nutrition for Females" > Pen and paper and functional (PT) clothing
- "Officer Down: Self Help/Buddy Care and Rescue" > PT/ attire with duty belts/gear including: red guns, blue Tasers (if available)

Day 3: (4-hour a.m. & p.m. sessions each)

- "Tactical Shotgun" > Shotgun 50 rounds of target load, 25 00 Buck, duty belts/gear including 50 rounds of pistol. Body armor, wrap around eye protection and ear protection.
- "Defensive/Offensive Tactics for Smaller Statured Officer"> PT/ attire with duty belts/gear including: red guns, blue Tasers (if available)

Day 4: (8-hour sessions)

- "Developmental Marksmanship"> Duty belts/gear including 200 rounds of pistol. Body armor, wrap around eye protection and ear protection.
- "Survival Pistol">Duty belts/gear including 300 rounds of pistol. Body armor, wrap around eye protection and ear protection.